Postgraduate Courses

Applied Mental Health Studies

Perinatal and Infant specialisation

Graduate Certificate
Graduate Diploma
Masters
Professional Development

Apply now
HETI's Applied Mental Health Studies perinatal and infant specialisation develops capacity to apply evidence-based knowledge and advanced skills to work with infants, parents and their families.

This interdisciplinary field focuses on the health and development of parents and infants from the planning of a baby through the first three years of life. It is a critical period that shapes the foundations for parenting and the child’s capacity for development, resilience, learning, health and wellbeing throughout life.

Keeping diversity in mind, this specialisation takes a relationship-focused approach to assessment, formulation and intervention. Learning experiences include work-integrated learning and in vivo observations of infant-parent interaction supported by reflective practice and group discussion.

**Why Study with HETI?**

Your learning experience will be enriched through HETI’s commitment to:

- Excellence in student-centred postgraduate education delivered entirely online by academics and clinicians with content expertise to meet the needs of the four life span specialisations.
- Recovery-oriented, contemporary, evidence-based curriculum.
- Developing mental health practitioners equipped for interprofessional practice.
- Application to practice supported by activities and exercises focused on the development of real-world skills.
- Flexible study options and online resources.
- Student support – we’re small enough to know you personally.

**Award and Non-Award Courses and Units**

You can elect to take an award pathway to a Graduate Certificate, Graduate Diploma or Masters in Applied Mental Health Studies, or enrol in non-award courses or units for training or professional development purposes.

**Learn in your time alongside professionals**

Delivered in an online learning environment, these courses offer students the opportunity to study at their own pace. Interprofessional collaboration via online forums encourages open discussions and regular communication. Faculty staff work alongside students, supporting them to manage their study and achieve their goals.

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**PERINATAL AND INFANT SPECIALISATION**

**YEAR 1 GRADUATE CERTIFICATE**

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<thead>
<tr>
<th>SEMESTER 1</th>
<th>Fundamentals of Recovery-Oriented Care</th>
<th>Professional Standards in Mental Health Care</th>
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<tr>
<td>SEMESTER 2</td>
<td>Promoting Recovery and Resilience in Perinatal and Infant Mental Health</td>
<td>Assessment and Formulation in Perinatal and Infant Mental Health</td>
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</tbody>
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**YEAR 2 GRADUATE DIPLOMA**

<table>
<thead>
<tr>
<th>SEMESTER 1</th>
<th>Innovation and Improvement in Mental Health Care</th>
<th>Innovation and Improvement in Mental Health Care</th>
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<tr>
<td>SEMESTER 2</td>
<td>Research Methods and Evaluation for Recovery-Oriented Mental Health Practice</td>
<td>Relationship Based Approaches to Intervention in Perinatal and Infant Mental Health</td>
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</tbody>
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**YEAR 3 MASTERS**

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<tr>
<th>SEMESTER 1</th>
<th>Leadership Practice in Mental Health</th>
<th>Research and Project Planning*</th>
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<tr>
<td>SEMESTER 2</td>
<td>Clinical Supervision Theory and Practice</td>
<td>Mental Health Capstone*</td>
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* Common to Applied Mental Health Studies and Psychiatric Medicine Frameworks.

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View our courses and download a prospectus at [heti.edu.au](http://heti.edu.au)