

# Unit Availability 2026 – General specialisation

The following tables outline the availability of units for the General specialisation across Teaching Periods in 2026.

## Graduate Certificate AMHS

Code	Name	Specialisation	TP1	TP2	TP3	TP4	TP5	TP6
8ALK001	Mental health, mental ill health, and suicide	Lifespan	✓	✓	✓	✓	✓	✓
8ALF002	Strength-based assessment and care planning	Lifespan		✓				
8ALF003	Professional and ethical mental health care	Lifespan				✓		
8ALK004	Attachment development and promoting mental health across the lifespan	Lifespan	✓	✓	✓	✓	✓	✓
8ALF005	Sustaining your mental health practice	Lifespan			✓			
8ALF006	Core therapeutic skills	Lifespan			✓			
8ALF007	Recovery and recovery-oriented practice	Lifespan		✓			✓	
8ALF008	OR Trauma-informed care and practice	Lifespan		✓			✓	
8ALK009	Diversity and mental health	Lifespan	✓	✓	✓	✓	✓	✓
8ASF027	Substance Dependence and Addiction	Cross Specialisation					✓	
8ASF028	Psychosis	Cross Specialisation	✓					
8APK030	Early development	Perinatal	✓	✓	✓	✓	✓	✓
8APF031	Mental health care in the perinatal period	Perinatal						✓
8APK032	Developmental screening & assessment	Perinatal	✓	✓	✓	✓	✓	✓

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Units highlighted in **Orange** are elective units and may be chosen to fulfill elective requirements.

### Graduate Certificate AMHS *Continued*

Code	Name	Specialisation	TP1	TP2	TP3	TP4	TP5	TP6
8APK033	Parents and caregivers	Perinatal	✓	✓	✓	✓	✓	✓
8APK034	Enabling effective care in the perinatal period	Perinatal	✓	✓	✓	✓	✓	✓
8APF035	Observation Theory and Practice in perinatal and infant mental health	Perinatal			✓			
8APF036	Relationship-based therapies and practices in perinatal and infant mental health	Perinatal				✓		
8APE037	Loss, Grief and Trauma in the Perinatal Period	Perinatal					✓	
8ACF050	Child and youth mental health conditions 1	Child and Youth		✓				
8ACF051	Child and youth mental health conditions 2	Child and Youth			✓			
8ACF052	Child and youth mental health conditions 3	Child and Youth				✓		
8ACF054	Engagement in child and youth mental health	Child and Youth					✓	
8ACF055	Development in childhood, adolescence and young adulthood	Child and Youth	✓					
8ACF056	Considering the context in child and youth mental health	Child and Youth						✓
8AAF071	Working with people with personality disorders	Adult						✓
8AAF073	Adult mental health conditions	Adult				✓		
8AAF075	Anxiety and mood	Adult	✓					
8AAE080	Trauma and stress related experiences	Adult						✓
8AOK090	Mental Health for Older People	Older Persons	✓	✓	✓	✓	✓	✓

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### Graduate Certificate AMHS *Continued*

Code	Name	Specialisation	TP1	TP2	TP3	TP4	TP5	TP6
8AOE091	Responding to Transitional Crises for Older People	Older Persons				✓		
8AOF092	Core Skills when Working with Older People	Older Persons					✓	
8AOF093	Specific Interventions for Older People -Dementia	Older Persons						✓
8AOF094	Engaging with older persons	Older Persons	✓					
8AOF095	Mental Health Care in Residential Aged Care	Older Persons				✓		
8AOE096	Complexity in older persons mental health care	Older Persons		✓				

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## Graduate Diploma AMHS

Code	Name	Specialisation	TP1	TP2	TP3	TP4	TP5	TP6
8ALF007	Recovery and recovery-oriented practice	Lifespan		✓			✓	
8ALF008	OR Trauma-informed care and practice	Lifespan		✓			✓	
8ALK010	Understanding mental health care in Australia	Lifespan	✓	✓	✓	✓	✓	✓
8ALK011	Physical and mental health	Lifespan	✓	✓	✓	✓	✓	✓
8ALF012	Interprofessional communication and collaboration	Lifespan				✓		
8ALF013	Evidence-based practice	Lifespan		✓				
8ALF014	Introduction to research	Lifespan			✓			
8ALF015	Quality Practice	Lifespan			✓			
8ALF016	Structured therapies	Lifespan		✓				
8ALF017*	Motivational interviewing	Lifespan			✓		✓	
8ALF018*	OR Biological therapies	Lifespan			✓		✓	
8ALF019*	OR Working with families	Lifespan			✓		✓	
8ALF025	Partnering with Aboriginal People for Improved Social and Emotional Wellbeing	Lifespan					✓	
8ASF027	Substance Dependence and Addiction	Cross Specialisation					✓	
8ASF028	Psychosis	Cross Specialisation	✓					
8AOK030	Early development, Perinatal	Perinatal	✓	✓	✓	✓	✓	✓
8APK032	Developmental screening and assessment	Perinatal	✓	✓	✓	✓	✓	✓

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\*Two of these units must be completed as core units. The third may be completed as an elective.

## Graduate Diploma AMHS *Continued*

Code	Name	Specialisation	TP1	TP2	TP3	TP4	TP5	TP6
8APF031	Mental health care in the perinatal period	Perinatal						✓
8APK033	Parents and caregivers	Perinatal	✓	✓	✓	✓	✓	✓
8APK034	Enabling effective care in the perinatal period	Perinatal	✓	✓	✓	✓	✓	✓
8APF035	Observation Theory and Practice in Perinatal and Infant Mental Health	Perinatal			✓			
8APF036	Relationship based Therapies and Practices in Perinatal and Infant Mental Health	Perinatal				✓		
8APE037	Loss, Grief and Trauma in the Perinatal Period	Perinatal					✓	
8ACF050	Child and youth mental health conditions 1	Child and Youth		✓				
8ACF051	Child and youth mental health conditions 2	Child and Youth			✓			
8ACF052	Child and youth mental health conditions 3	Child and Youth				✓		
8ACF054	Engagement in Child and Youth Mental Health	Child and Youth					✓	
8ACF055	Development in Childhood, Adolescence and Young Adulthood	Child and Youth	✓					
8ACF056	Considering the Context in Childhood, Adolescence and Young Adulthood	Child and Youth						✓
8AAF071	Working with people with personality disorders	Adult						✓
8AAF073	Adult mental health conditions	Adult				✓		
8AAF075	Anxiety and mood, Adult	Adult	✓					
8AAE080	Trauma and stress related experiences	Adult						✓

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## Graduate Diploma AMHS *Continued*

Code	Name	Specialisation	TP1	TP2	TP3	TP4	TP5	TP6
8AOK090	Mental health for older people	Older Persons	✓	✓	✓	✓	✓	✓
8AOF092	Core skills when working with older people	Older Persons					✓	
8AOE091	Responding to transitional crises for older people	Older Persons				✓		
8AOF093	Specific interventions for older people-Dementia	Older Persons						✓
8AOF094	Engaging with Older Persons	Older Persons	✓					
8AOF095	Mental Health Care in Residential Aged Care	Older Persons				✓		
8AOE096	Complexity in Older Persons Mental Health Care	Older Persons		✓				

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