

# HETI Higher Education Professional Development



Apply now

HETI Higher Education offers a number of professional development (PD) opportunities as stackable credit units. These units are of 50 hours duration for stackable credit and 20-25 hours for professional development only. Units are available over 5–12 weeks depending on your available study time and type of unit chosen.

Where units are completed for stackable credit (can be used towards degree completion), it will take up to 50 hours of study to complete. Up to 300 hours of study can be completed before entering a formal award course, which requires 600 hours to complete.

## Short Unit Types

There are three types of short units: Knowledge, Foundation, and Enhance. Knowledge units are studied independently over two teaching periods. Foundation and Enhance units are available over a single teaching period, depending on delivery schedule.

## Units

The Applied Mental Health Studies course has four specialisations including Perinatal and Infant Mental Health, Child and Youth Mental Health, Adult Mental Health and Older Persons Mental Health. Units are applicable to each of these specialisations. Lifespan units cover all specialisations.

## Fees

Each Knowledge unit is \$500; Each Foundation or Enhance unit is \$885. PD units require payment before study is available.

## How to enrol

To study the PD units you need to apply through [myHETIconnect](https://myHETIconnect.heti.edu.au).

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## Units available

Please visit our [website](#) for the current availability of units in 2024 teaching periods.

Unit Code	Unit Name
<b>LIFESPAN UNITS</b>	
<a href="#">8ALK001</a>	Mental Health, Mental Ill Health and Suicide
<a href="#">8ALF002</a>	Strength-based assessment and care planning
<a href="#">8ALF003</a>	Professional and ethical mental health care
<a href="#">8ALK004</a>	Attachment development and promoting mental health across the lifespan
<a href="#">8ALF005</a>	Sustaining your mental health practice
<a href="#">8ALF006</a>	Core therapeutic skills
<a href="#">8ALF007</a>	Recovery and recovery-oriented practice
<a href="#">8ALF008</a>	Trauma-informed care and practice
<a href="#">8ALK009</a>	Diversity and Mental Health
<a href="#">8ALK010</a>	Understanding mental health care in Australia
<a href="#">8ALK011</a>	Physical and mental health
<a href="#">8ALF013</a>	Evidence-based practice
<a href="#">8ALF014</a>	Introduction to research
<a href="#">8ALF015</a>	Quality practice
<a href="#">8ALF016</a>	Structured therapies
<a href="#">8ALF019</a>	Working with families
<a href="#">8ASF027</a>	Substance dependence and addiction
<a href="#">8ASF028</a>	Psychosis
<b>PERINATAL AND INFANT MENTAL HEALTH SPECIALISATION UNITS</b>	
<a href="#">8APK030</a>	Early development
<a href="#">8APF031</a>	Mental health care in the perinatal period
<a href="#">8APK032</a>	Developmental screening and assessment
<a href="#">8APK033</a>	Parents and caregivers
<a href="#">8APK034</a>	Enabling effective mental health care in the perinatal period
<a href="#">8APF035</a>	Observation theory & practice in perinatal & infant mental health
<a href="#">8APF036</a>	Relationship-based therapies & practices in perinatal & infant mental health
<a href="#">8APE037</a>	Loss, grief and trauma in the perinatal period

View our courses and download a prospectus at

[heti.edu.au](https://heti.edu.au)

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### CHILD AND YOUTH MENTAL HEALTH SPECIALISATION UNITS

<a href="#">8ACF050</a>	Child and youth mental health conditions 1
<a href="#">8ACF051</a>	Child and youth mental health conditions 2
<a href="#">8ACF052</a>	Child and youth mental health conditions 3
<a href="#">8ACF056</a>	Considering the context in child and youth mental health
<a href="#">8ACF054</a>	Engagement in child and youth mental health
<a href="#">8ACF055</a>	Development in childhood, adolescence and young adulthood
<a href="#">8ASF028</a>	Psychosis

### ADULT MENTAL HEALTH UNITS

<a href="#">8AAF075</a>	Anxiety and mood
<a href="#">8AAE080</a>	Trauma and stress related experiences
<a href="#">8AAF073</a>	Adult mental health conditions
<a href="#">8AAF071</a>	Working with people with personality disorders
<a href="#">8ASF027</a>	Substance dependence and addiction
<a href="#">8ASF028</a>	Psychosis

### OLDER PERSON'S MENTAL HEALTH UNITS

<a href="#">8AOK090</a>	Mental health for older people
<a href="#">8AOE091</a>	Responding to transitional crises for older people
<a href="#">8AOF092</a>	Core skills when working with older people
<a href="#">8AOF093</a>	Specific interventions for older people – Dementia
<a href="#">8AOF094</a>	Engaging with older persons
<a href="#">8AOF095</a>	Mental health care in residential aged care facilities
<a href="#">8AOE096</a>	Complexity in older persons mental health care