

Sequence for Adult Specialisation – GCAMHS 2022

Students commencing their GCAMHS are recommended to follow the sequence below. This sequence will suit those students who are comfortable with a study load of 600 hours across the six teaching periods.

Please note that specialisation units with a grey background are only available for enrolment within the select Teaching Period (i.e., 8ALF002 is only available within TP1 whereas 8ALK001 is available within all teaching periods). Based on this, you should choose your study path accordingly.

If you would like any help with choosing your study pathway, please contact support@heti.edu.au

Teaching Period 1	Teaching Period 2	Teaching Period 3	Teaching Period 4	Teaching Period 5	Teaching Period 6
Mental health, mental ill health and suicide (8ALK001)	Professional and ethical mental health care (8ALF003)	Sustaining your mental health practice (8ALF005)	Trauma-informed care and practice (8ALF008) or Recovery and recovery-oriented practice (8ALF007)	Attachment development and promoting mental health across the lifespan (8ALK004)	Diversity and mental health (8ALK009)
Strength-based assessment and care planning (8ALF002)	Anxiety and Depression (8AAF070)	Core therapeutic skills (8ALF006)	Psychosis (8ASF022)	Adult mental health conditions (8AAF073)	Trauma and Stress Related Experiences (8AAE080)