DIRECTIONS:

Please use a black or blue ball-point pen. Write your responses in the following pages.

Write on the lined pages only. Answer written on blank pages will not be marked. Your answer is to be contained within the lines applicable to that question or on the supplementary sheets provided.

You can request additional spare pages from the invigilator if needed. Write your name on the top of any extra page, and the question and sub-question number, and interleave the page into the booklet at the appropriate place.

Do not use the scrap paper provided to add any additional pages – always ask the invigilator for additional pages.
CRITICAL ESSAY QUESTION: (40 marks)

In essay form, critically discuss this quotation from different points of view and provide your conclusion.

“Social media is only the latest disruptor in the history of medical and scientific communication.”

Reference: #BJPsych and social media – likes, followers and leading?
CANDIDATES NAME:

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MODIFIED ESSAY QUESTIONS

DIRECTIONS:

Please use a black or blue ball-point pen. Write your responses in the following pages.

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MODIFIED ESSAY QUESTION 1

Each question in this MEQ will be marked by a different examiner. The examiner marking one question will not have access to your answers for the other questions. Please answer each question fully and separately.

Modified Essay Question 1  (30 marks)

You are a junior consultant working in the CL department of a metropolitan teaching hospital. You receive a referral from the neurology team of a 19 year old single woman, Jenny, who has been in hospital for 2 days. Jenny lives alone and works as a hairdresser. Her parents and siblings live interstate. On the evening of the admission, Jenny had an argument with her boyfriend who allegedly slapped her across the face. Jenny fell backwards, hitting her head on bitumen, momentarily losing consciousness. She recalls suddenly being unable to move both her legs, and bystanders called an ambulance. Jenny has a long history of tonic clonic seizures, which in recent years have been very well controlled. There was no observed seizure at the time of the altercation.

The neurologist says that they are still investigating Jenny as she is still unable to move her legs. He wonders if there is a psychological component to her presentation and wants your opinion.

Question 1.1  (12marks)

Outline (list and justify) how you would proceed with the assessment.
Modified Essay Question 1

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Two days later the neurology registrar contacts you and says that they have ruled out organic causes for her lack of leg movement.

Question 1.2 (10 marks)

Outline (list and justify) the likely differential diagnosis.

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Modified Essay Question 1

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Two days later the neurology registrar contacts you and says that they have ruled out organic causes for her lack of leg movement. You reassess the patient.

The neurology team now insist that you transfer the patient to a psychiatry unit. Unfortunately there are no vacant beds in the psychiatry unit. You further explain that the CL team will assist with managing the patient on the neurology ward.

Question 1.3 (8 marks)

Describe (list and explain) how the CL team will contribute to the management of this patient on the neurology ward:

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MODIFIED ESSAY QUESTION 2

Each question in this MEQ will be marked by a different examiner. The examiner marking one question will not have access to your answers for the other questions. Please answer each question fully and separately.

Modified Essay Question 2  (22 marks)

You are the Junior Consultant on call for a metropolitan hospital who is called at 2am by the Psychiatry Registrar on call in the Emergency Department (ED). The registrar speaks to you about Sarah, a 34-year-old nurse who is 2 weeks post-natal. She has presented to ED with her husband James after calling an ambulance due to feeling dizzy, shaky and lightheaded. The ED registrar has asked for a mental health review as Sarah is presenting anxious and agitated. James describes Sarah as highly organised and high functioning but being prone to being highly self-critical. He also tells you that the pregnancy was planned and uneventful. Sarah is currently breastfeeding and reports feeling very thirsty. She also feels anxious about the baby’s health and has found it difficult to sleep since the birth. In ED she was found to be hyponatraemic with an elevated systolic blood pressure.

Question 2.1  (7 marks)

Outline (list and justify) the possible differential diagnoses you would expect the Psychiatry Registrar to be considering.

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Modified Essay Question 2

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Sarah is treated for the hyponatremia, which was mild, in ED. All other investigations were normal. The Psychiatry registrar has obtained collateral information from the husband including a change in Sarah’s behaviour postnatally. She has not been sleeping well, often waking up and checking on the sleeping baby. Sarah has taken the baby to see the GP three times as she is convinced that a small spot on baby’s back is a severe rash indicating meningitis. James also reports that Sarah is more irritable with him and he is worried as he returns to work tomorrow.

Question 2.2 (7 marks)

Describe (list and explain) the areas of concern in regard to risk.

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**Question 2.3** (8 marks)

Describe (list and explain) what aspects of management plan you would want your Psychiatry Registrar to address.

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MODIFIED ESSAY QUESTION 3

Each question in this MEQ will be marked by a different examiner. The examiner marking one question will not have access to your answers for the other questions. Please answer each question fully and separately.

Modified Essay Question 3  (32 marks)

You are a junior consultant and your registrar calls about a patient he had assessed in the emergency department. Scott is a 19 year old unemployed man living at home with his parents who has recently stopped his university course. He was brought in by police after an altercation with his family which was precipitated by his parents turning off the home Wi-Fi saying that he is “addicted to gaming”. They are also angry about his THC use and want the registrar to admit him to hospital.

Question 3.1  (7 marks)

Outline (list and justify) the key elements of history you would expect your registrar to explore on assessment.

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Modified Essay Question 3

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Question 3.2 (8 marks)

Outline (list and justify) the differential diagnosis you would discuss with the registrar.

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Modified Essay Question 3

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After a full assessment, you conclude there is no major mental illness aside from substance misuse. However, the family are reluctant to take him home.

Question 3.3 (6 marks)

List what advice you would give the registrar on how to deal with the parents’ request.

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Modified Essay Question 3

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After a full assessment, you conclude there is no major mental illness aside from substance misuse. However, the family are reluctant to take him home.

Scott and his family agree to discharge from hospital. They want to know what services could be accessed in the community.

Question 3.4  (11 marks)

Describe (list and explain) the services you would like your registrar to have discussed with the family.

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MODIFIED ESSAY QUESTION 4

Each question in this MEQ will be marked by a different examiner. The examiner marking one question will not have access to your answers for the other questions. Please answer each question fully and separately.

Modified Essay Question 4  (32 marks)

You are a junior consultant in a local older adult community mental health team. Mrs Chi, a 77 year old lady who lives alone, was referred to the team by police after they were called by neighbours about the odour coming from her unit. Police conducted an initial assessment with the geriatric consultant who ruled out acute medical problems and suggested a psychiatric review due to Mrs Chi’s distress and degree of clutter in the house.

Question 4.1  (10 marks)

Describe (list and explain) key aspects of your assessment.
You are a junior consultant in a local older adult community mental health team. Mrs Chi, a 77 year old lady who lives alone, was referred to the team by police after they were called by neighbours about the odour coming from her unit. Police conducted an initial assessment with the geriatric consultant who ruled out acute medical problems and suggested a psychiatric review due to Mrs Chi's distress and degree of clutter in the house.

On assessment, Mrs Chi denied mood disturbance but had evidence of derogatory auditory hallucinations.

**Question 4.2  (10 marks)**

Outline (list and justify) the differential diagnoses for Mrs Chi.
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Modified Essay Question 4

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On assessment, Mrs Chi denied mood disturbance but had evidence of derogatory auditory hallucinations.

During the assessment, Mrs Chi's daughter reported that she was diagnosed with schizophrenia at the age of 41 but has been having difficulty in medication compliance for the last 6 months including with her physical health medications. She has a history of hypertension, diabetes and bilateral cataracts.

Question 4.3    (12 marks)

Describe (list and explain) factors influencing the appropriate setting for initial management.

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Modified Essay Question 5  (24 marks)

You are a junior consultant in a community mental health centre. Your registrar is 2 months in their 6 month community psychiatry rotation. Several community case managers have spoken to you with their concerns with this psychiatry registrar. They have observed that the registrar is regularly late for work. He is observed to be staying late to complete notes, scripts and other administrative tasks. Despite working late, the case managers report that many tasks are often left undone.

Question 5.1  (8 marks)

Outline (list and justify) what information you would like to obtain prior to meeting with the registrar.

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Modified Essay Question 5

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You are a junior consultant in a community mental health centre. Your registrar is 2 months in their 6 month community psychiatry rotation. Several community case managers have spoken to you with their concerns with this psychiatry registrar. They have observed that the registrar is regularly late for work. He is observed to be staying late to complete notes, scripts and other administrative tasks. Despite working late, the case managers report that many tasks are often left undone.

With the further information you obtain, you identify no previous performance concerns with the trainee and their last supervisor described them as “competent”. You arrange to meet with your registrar where you have you opportunity to explore your concerns. The registrar explains that they are having trouble getting to sleep, waking late and consequently arriving late at work.

Question 5.2 (12 marks)

Describe (list and explain) possible contributors to what is going on with your registrar.

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Modified Essay Question 5

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Question 5.3 (4 marks)

List the circumstances under which you are mandated to make a notification to the AHPRA / Medical Board.

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