

**Mental Health Assessment and Management Module:
How to develop a GP Mental Health Plan, Safety Plan and Review**

Group Learning days: Saturday 5 June, Wednesday 9 June, Saturday 12 June 2021

Timetable

INDEPENDENT ACTIVITY		
1.5 hrs	Setting the Scene: Pre-disposing activity – provide an example of a GP Mental Health Assessment Plan eLearning Resource Mental health, mental ill health and suicide	Self-directed Please refer to MyHETI portal – link provided
SATURDAY 5 JUNE (4 hours)		FACILITATOR(S)
9:00am	Welcome to Country and Module Introduction	Dr May Su
9:15am	Collective timeline exercise	Dr Paul Fung and Dr May Su
9:45am	Background of mental health delivery in Australia, setting the scene	Dr May Su
10:15am	Carer and Consumer Perspectives on mental health interviews and assessments – What is recovery focused medicine, and perspectives, what changes when we involve consumer/carers into care models	Mr Phil Escott and Ms Eileen McDonald (Consumer and Carer representatives)
11.15am	BREAK	
11.30am	What is mental health assessment and diagnosis?	Dr Paul Fung and Dr May Su
12.45 pm	CLOSE	
INDEPENDENT ACTIVITY		
30 mins	eResource Mental State Examination	Self-directed

WEDNESDAY 9 JUNE		FACILITATOR(S)
6:00pm	The Biopsychosocial grid and Formulation	Dr Paul Fung and Dr May Su
6.30pm	Risk Assessment	Dr Paul Fung
7.00 pm	Management and Treatment Planning (Part 1) Biological and pharmacological	Dr Paul Fung
7.45 pm	END	
SATURDAY 12 JUNE		FACILITATOR(S)
9:00am	Management and Treatment Planning (Part 2) Applying it in practice Managing difficult patients – transference/ countertransference and the therapeutic alliance	Dr Paul Fung
10:00am	Working with people over time; looking at a review process; relapse prevention AND Different community supports/ working as a team	Dr Paul Fung
11.00 pm	BREAK	
11:15am	Special illness groups: Discussions from the experts	Dr Louise Stone - Rural and Remote Dr Libby Hindmarsh - Trauma /Indigenous Dr Lisa Jukes - Substance Ms Eileen McDonald - Carer Mr Phil Escott - Consumer
12.45pm	Self- Care	Dr May Su
1.15 pm	END	
REINFORCING ACTIVITY		
30 mins	Re-submission of the mental health assessment case	Self-directed