

Unit Availability 2026 – Perinatal specialisation

The following tables outline the availability of units for the Perinatal specialisation across Teaching Periods in 2026.

Graduate Certificate AMHS

Code	Name	Unit Type	TP1	TP2	TP3	TP4	TP5	TP6
8ALK001	Mental health, mental ill health, and suicide	Knowledge	✓	✓	✓	✓	✓	✓
8ALF002	Strength-based assessment and care planning	Foundation		✓				
8ALF003	Professional and ethical mental health care	Foundation				✓		
8ALK004	Attachment development and promoting mental health across the lifespan	Knowledge	✓	✓	✓	✓	✓	✓
8ALF005	Sustaining your mental health practice	Foundation			✓			
8ALF006	Core therapeutic skills	Foundation			✓			
8ALF007	Recovery and recovery-oriented practice	Foundation		✓			✓	
8ALF008	OR Trauma-informed care and practice	Foundation		✓			✓	
8ALK009	Diversity and mental health	Knowledge	✓	✓	✓	✓	✓	✓
8APK030	Early development	Knowledge	✓	✓	✓	✓	✓	✓
8APF031	Mental health care in the perinatal period	Foundation						✓
8APK032	Developmental screening & assessment	Knowledge	✓	✓	✓	✓	✓	✓
8APK033	Parents and caregivers	Knowledge	✓	✓	✓	✓	✓	✓
8APE037	Loss, Grief and Trauma in the Perinatal Period	Enhance					✓	
8APK034	Enabling effective care in the perinatal period		✓	✓	✓	✓		✓
8APF035	Observation Theory and Practice in Perinatal and Infant Mental Health	Foundation			✓			
8APF036	Relationship based Therapies and Practices in Perinatal and Infant Mental Health	Foundation				✓		

Key: Units highlighted in **Blue** are core units and must be completed as part of your degree structure.
Units highlighted in **Orange** are elective units and may be chosen to fulfill elective requirements.

Graduate Diploma AMHS

Code	Name	Unit Type	TP1	TP2	TP3	TP4	TP5	TP6
8ALF007	Recovery and recovery-oriented practice	Foundation		✓			✓	
8ALF008	OR Trauma-informed care and practice	Foundation		✓			✓	
8ALK010	Understanding mental health care in Australia	Knowledge	✓	✓	✓	✓	✓	✓
8ALK011	Physical and mental health	Knowledge	✓	✓	✓	✓	✓	✓
8ALF012	Interprofessional communication and collaboration	Foundation				✓		
8ALF013	Evidence-based practice	Foundation		✓				
8ALF014	Introduction to research	Foundation			✓			
8ALF015	OR Quality Practice	Foundation			✓			
8ALF016	Structured therapies	Foundation		✓				
8ALF017*	Motivational interviewing	Foundation			✓		✓	
8ALF018*	OR Biological therapies	Foundation			✓		✓	
8ALF019*	OR Working with families	Foundation			✓		✓	
8ALF025	Partnering with Aboriginal People for Improved Social and Emotional Wellbeing	Foundation					✓	
8APK034	Enabling effective care in the perinatal period	Knowledge	✓	✓	✓	✓	✓	✓
8APF035	Observation Theory and Practice in Perinatal and Infant Mental Health	Foundation		✓				
8APF036	Relationship based Therapies and Practices in Perinatal and Infant Mental Health	Foundation				✓		
8APE037	Loss, Grief and Trauma in the Perinatal Period	Enhance					✓	

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*Two of these units must be completed as core units. The third may be completed as an elective.

Graduate Diploma AMHS *Continued*

<i>Code</i>	<i>Name</i>	<i>Unit Type</i>	<i>TP1</i>	<i>TP2</i>	<i>TP3</i>	<i>TP4</i>	<i>TP5</i>	<i>TP6</i>
8APK030	Early development	Knowledge	✓	✓	✓	✓	✓	✓
8APF031	Mental health care in the perinatal period	Foundation						✓
8APK032	Developmental screening & assessment	Knowledge	✓	✓	✓	✓	✓	✓
8APK033	Parents and caregivers	Knowledge	✓	✓	✓	✓	✓	✓

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