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HETI Higher Education Professional Development 2022

HETI Higher Education offers a number of professional development (PD) opportunities as stackable credit units. These units are of 50-hour duration and available over 5 - 10 weeks depending on your available study time.

The units can be completed as participation (PD) or stackable credit (can be used towards degree completion). Each unit is worth 50 hours of study and up to 300 hours can be completed before entering a formal award course, which requires 600 hours to complete.

Short Unit Types

There are three types of short units: Knowledge, Foundation, and Enhance. Each of the short units are

classified according to the specialisation they cover in the Applied Mental Health Studies courses. The Lifespan units are applicable to all specialisations including Perinatal and Infant Mental Health (PIMH), Child and Youth Mental Health (CYMH), Adult Mental Health (AMH) and Older Persons Mental Health (OPMH).

Fees

Each Knowledge unit is \$500; Each Foundation or Enhance unit is \$885. PD units require payment before study is available.

How to enroll

To study the PD units, you need to apply through **myHETIconnect**.



Availability of Units

| LIFESPAN KNOWLEDGE UNITS | Teaching Periods |
|--|------------------|
| 8ALK001 Mental health, mental ill health and suicide | 1 - 6 |
| 8ALK004 Attachment development and promoting mental health across the lifespan | 1 - 6 |
| 8ALK009 Diversity and mental health | 1 - 6 |
| 8ALK010 Understanding mental health care in Australia | 4 - 6 |
| 8ALK011 Physical and mental health | 5 - 6 |
| 8APK030 Early development | 1 - 6 |
| 8APK032 Development screening and assessment | 1 - 6 |
| 8APK033 Parents and caregivers | 1 - 6 |
| 8AOK090 Mental health for older people | 1 - 6 |

| LIFESPAN FOUNDATION UNITS | Teaching Periods |
|--|------------------|
| 8ALF002 Strengths-based assessment and care planning | 1 |
| 8ALF003 Professional and ethical mental health care | 2 |
| 8ALF005 Sustainable mental health practice | 3 |
| 8ALF006 Core therapeutic skills | 3 |
| 8ALF007 Recovery and recovery-oriented care | 4 |
| 8ALF008 Trauma-informed care and practice | 2 & 4 |
| 8ALF013 Evidence-based practice 1 | 4 |
| 8ALF019 Working with families | 6 |
| 8ASF021 Substance abuse and addictive behaviours | 6 |
| 8ASF022 Psychosis | 4 |

| PERINATAL AND INFANT MENTAL HEALTH (PIMH) SPECIALISATION UNITS | Teaching Periods |
|---|------------------|
| 8APK034 Enabling effective mental health care in the perinatal period | 6 |
| 8APF031 Mental health care in the perinatal period | 4 |
| 8APF035 Observation theory and practice in perinatal and infant mental health | 5 |

| CHILD AND YOUTH MENTAL HEALTH (CYMH) SPECIALISATION UNITS | Teaching Periods |
|--|------------------|
| 8ACF050 Child and youth mental health conditions 1 | 4 |
| 8ACF051 Child and youth mental health conditions 2 | 5 |
| 8ACF052 Child and youth mental health conditions 3 | 6 |
| 8ACF053 Legal and ethical considerations for child and youth mental health | 2 |
| 8ASF021 Substance abuse and addictive behaviours | 6 |
| 8ASF022 Psychosis | 4 |

| ADULT MENTAL HEALTH (AMH) SPECIALISATION UNITS | Teaching Periods |
|--|------------------|
| 8AAF070 Anxiety and depression | 2 |
| 8AAF071 Personality development and disruption | 5 |
| 8AAF073 Adult mental health conditions | 5 |
| 8AAE080 Trauma and stress-related conditions | 6 |
| 8ASF021 Substance abuse and addictive behaviours | 6 |
| 8ASF022 Psychosis | 4 |

| OLDER PERSONS MENTAL HEALTH (OPMH) SPECIALISATION UNITS | Teaching Periods |
|--|------------------|
| 8AOF092 Core skills when working with older people | 5 |
| 8AOF093 Specific interventions for older people - dementia | 6 |
| 8AOF094 Engaging with older persons | 5 |
| 8AOE091 Responding to transitional crises for older people | 4 |
| 8AOE096 Complexity in older persons mental health | 6 |
| 8ASF021 Substance abuse and addictive behaviours | 6 |
| 8ASF022 Psychosis | 4 |

2022 Teaching Period start dates:

| TP1 | TP2 | TP3 | TP4 | TP5 | TP6 |
|--------|--------|-------|--------|--------|--------|
| 31 Jan | 21 Mar | 9 May | 18 Jul | 05 Sep | 24 Oct |

For more information on Professional Development/stackable credit units visit heti.edu.au/pd

HETI Higher Education

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