

COURSE LEARNING OUTCOMES

Applied Mental Health Studies

COURSE NAME: Graduate Certificate in Applied Mental Health Studies	
Delivery site	Health Education and Training Institute
Delivery mode	E-learning (online)
AQF specification	Level 8
Knowledge	Specialised knowledge within a systematic and coherent body of knowledge that includes the acquisition and application of knowledge and skills in an existing professional area.
Skills	<ul style="list-style-type: none"> Cognitive skills to review, analyse, consolidate and synthesise knowledge and identify and provide solutions to complex problems. Cognitive skills to think critically and to generate and evaluate complex ideas. Specialised technical and creative skills in a field of highly skilled and/or professional practice. Communication skills to demonstrate an understanding of theoretical concepts. Communication skills to transfer complex knowledge and ideas to a variety of audiences.
Application of knowledge and skills	<ul style="list-style-type: none"> To make high level, independent judgements in a range of technical or management functions in varied specialised contexts. To initiate, plan, implement and evaluate broad functions within varied specialised technical and/or creative contexts. With responsibility and accountability for personal outputs and all aspects of the work or function of others within broad parameters.
Learning outcomes <i>The course learning outcomes have been mapped against the National Mental Health Capabilities and the Graduate Attributes</i>	<p>Applying a recovery-oriented approach to a selected life stage the student will:</p> <ul style="list-style-type: none"> Demonstrate a theoretical understanding and application of knowledge about mental illness and distress through the provision of evidence-based, culturally informed care, using a person-centred framework. Implement a management plan based on an evaluation of evidence, biopsychosocial assessment and formulation which integrates physical and mental health needs in treatment planning for a range of common mental health presentations in pursuit of recovery.

- Apply well developed clinical judgement, decision-making and insight in mental health care in pursuit of optimal outcomes for people with lived experience.
- Demonstrate advanced knowledge and understanding of the implications of policy, procedures and scope of practice for working within service models of care.
- Critically analyse recovery-oriented approaches and interventions to meet the needs of people from diverse backgrounds, life stages and cultures, experiencing mental illness and distress.
- Demonstrate an understanding of personal values and assumptions, and their impact on cultural competence in the delivery of mental health care.
- Apply knowledge of, and respect for, Aboriginal peoples and cultures in practice.
- Demonstrate critical analysis in understanding the principles of interprofessional practice, and discuss their implications for collaboration with other professionals and people with lived experience and their supporters.
- Engage in meaningful professional relationships across a range of health settings and within ethico-legal frameworks for the benefit of people with lived experience, their families and carers.
- Engage in reflective practice and demonstrate self-awareness, and open and transparent communication and action through collaborative work practices.
- Engage with information technology to evaluate evidence from a range of sources in determining appropriate actions for practice, and communicate effectively through written and verbal mediums in its dissemination.

COURSE NAME: Graduate Diploma in Applied Mental Health Studies	
Delivery site	Health Education and Training Institute
Delivery mode	E-learning (online)
AQF specification	Level 8
Knowledge	Advanced knowledge within a systematic and coherent body of knowledge that includes the acquisition and application of knowledge and skills in an existing professional area
Skills	<ul style="list-style-type: none"> • Cognitive skills to review, analyse, consolidate and synthesise knowledge and identify and provide solutions to complex problems. • Cognitive skills to think critically and to generate and evaluate complex ideas. • Specialised technical and creative skills in a field of highly skilled and/or professional practice. • Communication skills to demonstrate an understanding of theoretical concepts. • Communication skills to transfer complex knowledge and ideas to a variety of audiences.
Application of knowledge and skills	<ul style="list-style-type: none"> • To make high level, independent judgements in a range of technical or management functions in varied specialised contexts. • To initiate, plan, implement and evaluate broad functions within varied specialised technical and/or creative contexts. • With responsibility and accountability for personal outputs and all aspects of the work or function of others within broad parameters.
Learning outcomes <i>The course learning outcomes have been mapped against the National Mental Health Capabilities and the Graduate Attributes</i>	<p>Applying a recovery-oriented approach to a selected life stage the student will:</p> <ul style="list-style-type: none"> • Demonstrate an advanced understanding and application of knowledge about mental illness and distress through the provision of evidence-based, culturally informed care, using a person-centred framework. • Implement a management plan based on a critical evaluation of evidence, biopsychosocial assessment and formulation which integrates physical and mental health needs in treatment planning for a range of common mental health presentations in pursuit of recovery. • Exercise enhanced clinical judgement, decision-making and insight in mental health care in pursuit of optimal outcomes for people with lived experience.

- Demonstrate advanced knowledge, understanding and the ability to translate to others the implications of policy, procedures and scope of practice for working within service models of care.
- Critically analyse and adapt recovery-oriented approaches and interventions to meet the needs of people from diverse backgrounds, life stages and cultures, experiencing mental illness and distress.
- Demonstrate an advanced understanding of personal values and assumptions, and their impact on cultural competence in the delivery of mental health care.
- Critically evaluate and apply adaptations to practice required for improvement in Aboriginal social and emotional wellbeing.
- Demonstrate critical analysis in understanding the principles of interprofessional practice to evaluate collaboration with other professionals and people with lived experience and their supporters.
- Demonstrate well-developed judgement through engaging in meaningful professional relationships across a range of health settings and within ethico-legal frameworks for the benefit of people with lived experience, their families and carers.
- Critically reflect on practice and demonstrate self-awareness, and open and transparent communication and action through collaborative work practices.
- Engage with information technology to critically analyse evidence from a range of sources in determining appropriate actions for practice, and communicate effectively through written and verbal mediums in its dissemination.

COURSE NAME: Masters in Applied Mental Health Studies	
Delivery site	Health Education and Training Institute
Delivery mode	E-learning (online)
AQF specification	Level 9
Knowledge	Advanced body of knowledge in a range of contexts for professional practice and as a pathway for further learning
Skills	<ul style="list-style-type: none"> • Cognitive skills to demonstrate mastery of theoretical knowledge and to reflect critically on theory and professional practice. • Cognitive, technical and creative skills to investigate, analyse and synthesise complex information, problems, concepts and theories and to apply established theories to different bodies of knowledge or practice. • Cognitive, technical and creative skills to generate and evaluate complex ideas and concepts at an abstract level. • Communication and technical research skills to justify and interpret theoretical propositions, methodologies, conclusions and professional decisions to specialist and non-specialist audiences. • Technical and communication skills to design, evaluate, implement, analyse and theorise about developments that contribute to professional practice.
Application of knowledge and skills	<ul style="list-style-type: none"> • With creativity and initiative to new situations in professional practice and/or for further learning. • With high level personal autonomy and accountability. • To plan and execute a substantial research based project or capstone experience.
Learning outcomes <i>The course learning outcomes have been mapped against the National Mental Health Capabilities and the Graduate Attributes</i>	<p>Applying a recovery-oriented approach to a selected life stage the student will:</p> <ul style="list-style-type: none"> • Demonstrate an integrated understanding and application of advanced and complex knowledge about mental illness and distress through the provision of evidence-based, culturally informed care, using a person-centred framework. • Implement a management plan based on a critical analysis of evidence, biopsychosocial assessment and formulation which applies established theories to the integration of physical and mental health needs in treatment planning for a range of common mental health presentations in pursuit of recovery. • Apply expert clinical judgement, decision-making and insight in novel and complex mental health care in pursuit of optimal outcomes for people with lived experience.

- Demonstrate autonomy and expert judgement in advocating for people with lived experience through an advanced and integrated understanding of the implications of policy, procedures and scope of practice for working within service models of care.
- Reflect on and synthesise complex information in adapting recovery-oriented approaches and interventions to meet the needs of people from diverse backgrounds, life stages and cultures, experiencing mental illness and distress.
- Demonstrate an integrated understanding of personal values and assumptions, and the complex nature of their impact on cultural competence in the delivery of mental health care.
- Demonstrate expert judgement and leadership in applying adaptations to practice required for improvement in Aboriginal social and emotional wellbeing.
- Demonstrate expert judgement and adaptability in applying principles of interprofessional practice to collaboration with other professionals and people with lived experience and their supporters.
- Demonstrate expert judgement and leadership through engaging in meaningful professional relationships across a range of health settings and within ethico-legal frameworks for the benefit of people with lived experience, their families and carers.
- Demonstrate adaptability and responsibility as a leader by reflecting on practice and demonstrating self-awareness, and open and transparent communication and action through collaborative work practices.
- Engage with information technology to critically analyse and synthesise complex evidence from a wide range of sources in determining appropriate actions for practice, and communicate effectively through written and verbal mediums in its dissemination.