



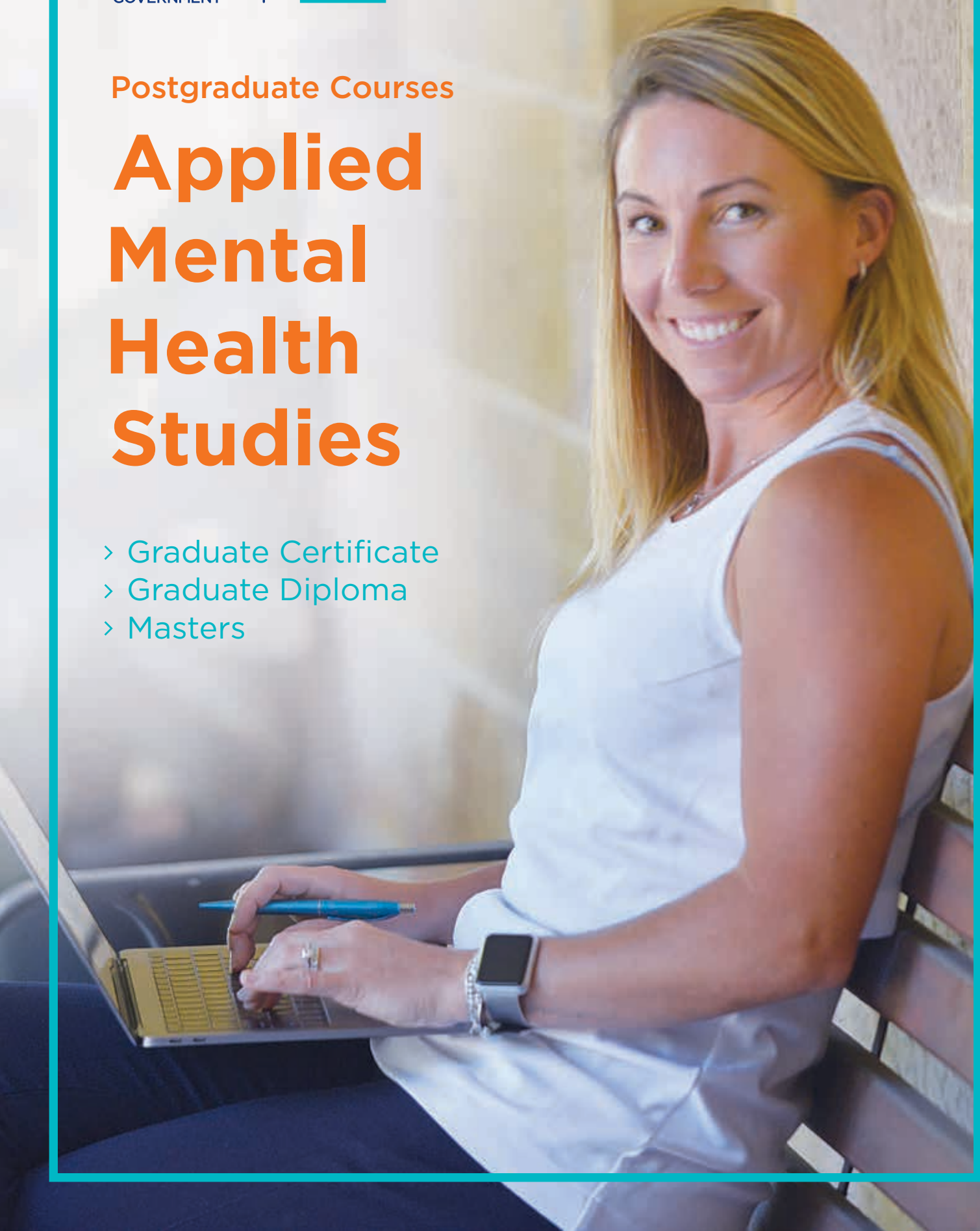
HEALTH
EDUCATION
& TRAINING

APPLY
TODAY!

Postgraduate Courses

Applied Mental Health Studies

- › Graduate Certificate
- › Graduate Diploma
- › Masters



Shifting the paradigm in Mental Health

Mental health professionals need to be equipped and inspired to be at the forefront of changes in the mental health sector. In 2016 the Health Education and Training Institute (HETI) officially became a registered Higher Education provider and launched a suite of contemporary programs in mental health.

HETI is focused on delivering exceptional higher education that is renowned for forward thinking, contemporary learning and relevance, and links with industry.

Nested within the framework for Applied Mental Health Studies are Graduate Certificate, Graduate Diploma and Masters level courses, giving students the option to exit with a recognised accredited award at a point appropriate to their needs.

Specialisation and applied focus

The Applied Mental Health Studies course has an emphasis on application to practice. From the first year, students select their preferred specialisation within the lifespan. This continues throughout the course by ensuring the specialisation perspective is applied to core units. The program fosters interprofessional collaboration and draws on workplace experience to form an integral applied learning approach.

Applied Mental Health Studies Specialisations

- > Perinatal and Infant
- > Child and Adolescent
- > Adult
- > Older Person

Recovery-oriented philosophy

Underpinning the framework is a philosophy of recovery-oriented practice. Through supporting the recovery journeys of people with mental illness we aim to maximise hope, resilience, self-management and advocacy.

Learn in your time alongside professionals

Delivered through online learning, these courses offer students the opportunity to study at their own pace. Interprofessional collaboration via online forums encourages open discussions and regular communication. Faculty staff work alongside students, supporting them to manage their study and achieve their goals.

A life-long learning experience

As students progress through the program they will experience interaction and co-reflection enabling them to develop values, expertise and practical knowledge. This invaluable learning experience will ensure that postgraduate students will join a community of leading mental health specialists in contributing to a more dignified, compassionate and effective mental health care service.

SPECIALISATIONS

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	CORE												
	ELECTIVE												
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	Older Person												

YEAR 1 GRADUATE CERTIFICATE

SEMESTER 1	Fundamentals of Recovery-Oriented Care	Professional Standards in Mental Health Care
SEMESTER 2	Recovery-Oriented Mental Health Care with Older People	Improving the Mental Health of Very Old People
	Adult Mental Health in Practice	Working with Complexity in Adult Mental Health
	Recovery and Resilience in Child and Youth Mental Health	Psychosocial Practice in Child and Youth Mental Health
	Promoting Recovery and Resilience in Perinatal and Infant Mental Health	Assessment and Formulation in Perinatal and Infant Mental Health

YEAR 2 GRADUATE DIPLOMA

SEMESTER 1	Innovation and Improvement in Mental Health Care	Therapeutic Perspectives Across the Lifespan	
SEMESTER 2	Research Methods and Evaluation for Recovery-Oriented Mental Health Practice	Relationship Based Approaches to Intervention in Perinatal and Infant Mental Health	
		Specialisations in Child and Adolescent, Adult and Older Person to select one of the following units:	
		Family-Oriented Care in Mental Health*	Individual Therapies in Mental Health Care*

YEAR 3 MASTERS

SEMESTER 1	Leadership Practice in Mental Health	Research and Project Planning*
SEMESTER 2	Clinical Supervision Theory and Practice	Mental Health Capstone*

* Common to Applied Mental Health Studies and Psychiatric Medicine Frameworks.

Make a difference in Mental Health Start studying in 2018

To find out more about HETI Higher Education Applied Mental Health courses go to www.heti.edu.au

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