



HEALTH
EDUCATION
& TRAINING

APPLY
TODAY!

Postgraduate Courses

Applied Mental Health Studies

Adult
Specialisation

- › Graduate Certificate
- › Graduate Diploma
- › Masters



Applied Mental Health Studies

Adult Specialisation

Mental health professionals need to be equipped and inspired to be at the forefront of changes in the mental health sector. In 2016 the Health Education and Training Institute (HETI) officially became a registered Higher Education provider and launched a suite of contemporary programs in mental health.

HETI is focused on delivering exceptional higher education that is renowned for forward thinking, contemporary learning and relevance, and links with industry.

Nested within the framework for Applied Mental Health Studies are Graduate Certificate, Graduate Diploma and Masters level courses, giving students the option to exit with a recognised accredited award at a point appropriate to their needs.

Adult Mental Health

The adult mental health specialisation acknowledges that people who experience mental illness should be empowered to make their own choices. Students will acquire the necessary skills and knowledge to apply collaborative therapeutic approaches within a recovery-orientated framework to provide optimal outcomes. They will be enabled to engage adults and their families in care that is innovative, effective and ethical.

This course is delivered totally online, so students can study at their own pace, collaborating through

online forums. From the first year, students select their preferred specialisation within the lifespan and this perspective is applied to core units throughout the course.

Recovery-oriented philosophy

Underpinning the framework is a philosophy of recovery-oriented practice. Through supporting the recovery journeys of people with mental illness we aim to maximise hope, resilience, self-management and advocacy.

Learn in your time alongside professionals

Delivered through online learning, these courses offer students the opportunity to study at their own pace. Interprofessional collaboration via online forums encourages open discussions and regular communication. Faculty staff work alongside students, supporting them to manage their study and achieve their goals.

A life-long learning experience

As students progress through the program they will experience interaction and co-reflection enabling them to develop values, expertise and practical knowledge. This invaluable learning experience will ensure that postgraduate students will join a community of leading mental health specialists in contributing to a more dignified, compassionate and effective mental health care service.

Course Structure: Applied Mental Health Studies (Adult)

YEAR 1 GRADUATE CERTIFICATE

SEMESTER 1	Fundamentals of Recovery-Oriented Care	Professional Standards in Mental Health Care
SEMESTER 2	Adult Mental Health in Practice	Working with Complexity in Adult Mental Health

YEAR 2 GRADUATE DIPLOMA

SEMESTER 1	Innovation and Improvement in Mental Health Care	Therapeutic Perspectives Across the Lifespan
SEMESTER 2	Research Methods and Evaluation for Recovery-Oriented Mental Health Practice	<i>Specialisations in Child and Adolescent, Adult and Older Person to select one of the following units:</i> Family-Oriented Care in Mental Health* Individual Therapies in Mental Health Care*

YEAR 3 MASTERS

SEMESTER 1	Leadership Practice in Mental Health	Research and Project Planning*
SEMESTER 2	Clinical Supervision Theory and Practice	Mental Health Capstone*

* Common to Applied Mental Health Studies and Psychiatric Medicine Frameworks.

Make a difference in Mental Health

Start studying in 2018

To find out more about HETI Higher Education Applied Mental Health courses go to www.heti.edu.au

HETI Higher Education
 North Parramatta Campus
 5 Fleet St, North Parramatta NSW
 T 02 9840 3833
 E info@heti.edu.au

