



HEALTH
EDUCATION
& TRAINING

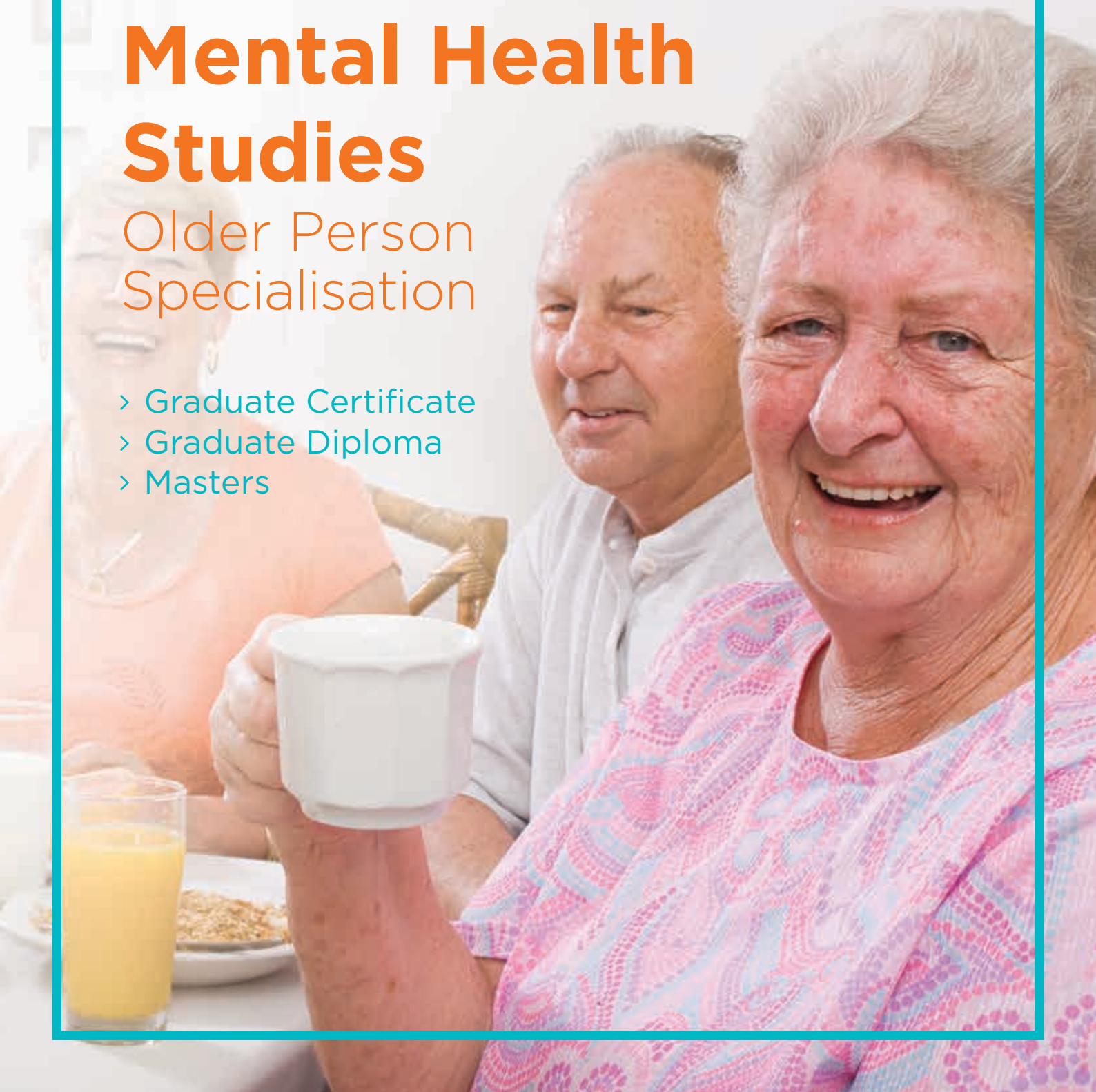
APPLY
TODAY!

Postgraduate Courses

Applied Mental Health Studies

Older Person
Specialisation

- > Graduate Certificate
- > Graduate Diploma
- > Masters



Applied Mental Health Studies

Older Person Specialisation

Mental health professionals need to be equipped and inspired to be at the forefront of changes in the mental health sector. In 2016 the Health Education and Training Institute (HETI) officially became a registered Higher Education provider and launched a suite of contemporary programs in mental health.

HETI is focused on delivering exceptional higher education that is renowned for forward thinking, contemporary learning and relevance, and links with industry.

Nested within the framework for Applied Mental Health Studies are Graduate Certificate, Graduate Diploma and Masters level courses, giving students the option to exit with a recognised accredited award at a point appropriate to their needs.

Older Person Mental Health

The older persons mental health specialisation ensures that students will develop the range of skills and knowledge to apply age appropriate assessment, diagnosis and interventions within a recovery focused person-centred framework providing optimal outcomes for older people and their families. With an ageing population, there is an increasing demand for mental health professionals with the specialised skills, knowledge and aptitude to work with older people and adapt their approaches to meet their needs. People with mental illness who grow older are joined by people who develop mental illness and distress for the first time in older age. There is an increasing literature supporting the advantages to applying

a recovery-oriented person-centred approach despite the complexities of potential physical, social or and cognitive changes that have led some to question this approach. The older persons specialisation enables students undertaking each unit in the program to critically evaluate the application of learning to working with older people, their families and carers.

Recovery-oriented philosophy

Underpinning the framework is a philosophy of recovery-oriented practice. Through supporting the recovery journeys of people with mental illness we aim to maximise hope, resilience, self-management and advocacy.

Learn in your time alongside professionals

Delivered through online learning, these courses offer students the opportunity to study at their own pace. Interprofessional collaboration via online forums encourages open discussions and regular communication. Faculty staff work alongside students, supporting them to manage their study and achieve their goals.

A life-long learning experience

As students progress through the program they will experience interaction and co-reflection enabling them to develop values, expertise and practical knowledge. This invaluable learning experience will ensure that postgraduate students will join a community of leading mental health specialists in contributing to a more dignified, compassionate and effective mental health care service.

Course Structure: Applied Mental Health Studies (Older Person)

YEAR 1 GRADUATE CERTIFICATE

SEMESTER 1	Fundamentals of Recovery-Oriented Care	Professional Standards in Mental Health Care
SEMESTER 2	Recovery-Oriented Mental Health Care with Older People	Improving the Mental Health of Very Old People

YEAR 2 GRADUATE DIPLOMA

SEMESTER 1	Innovation and Improvement in Mental Health Care	Therapeutic Perspectives Across the Lifespan
SEMESTER 2	Research Methods and Evaluation for Recovery-Oriented Mental Health Practice	<i>Specialisations in Child and Adolescent, Adult and Older Person to select one of the following units:</i> Family-Oriented Care in Mental Health* Individual Therapies in Mental Health Care*

YEAR 3 MASTERS

SEMESTER 1	Leadership Practice in Mental Health	Research and Project Planning*
SEMESTER 2	Clinical Supervision Theory and Practice	Mental Health Capstone*

* Common to Applied Mental Health Studies and Psychiatric Medicine Frameworks.

Make a difference in Mental Health

Start studying in 2018

To find out more about HETI Higher Education Applied Mental Health courses go to www.heti.edu.au

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